

Treatment Philosophy

Corner House gives hope to clients and their families facing substance abuse and co-occurring disorders. Our treatment program offers a continuum of care and fosters an environment of change, awareness, honesty, and personal responsibility. Clinicians provide support, understanding, and acceptance while encouraging clients to build on their own individual strengths and mobilize available resources to create a healthier way of living.

The trust between our clients and Corner House is the basis of our success. All transactions are protected by the highest legal and professional ethical standards of client/counselor confidentiality.

Everyone at Corner House is committed to providing courteous, competent, and respectful service in a comfortable, welcoming location.



**Corner House is licensed by the
NJ Department of Human Services,
Division of Addiction Services as an
Ambulatory Care Facility.**

**Gary J. De Blasio, MS, CEAP
Executive Director**

**David A. Errickson, LCSW, LCADC
Director of Clinical Operations**

**Marsha Fais
Office Coordinator**

Corner House Mission

Through prevention, education, and treatment options, Corner House promotes the health and well-being of young people and their families as they confront substance abuse and other emotional issues.

**For more info, to make an appointment
or a referral, call**

**Corner House
369 Witherspoon Street
Princeton, NJ 08540
Phone: 609-924-8018
Fax: 609-688-2045
www.cornerhousenj.org**

CORNER HOUSE

leadership | prevention | treatment



*Addressing the unique challenges of teens through
individualized, client-centered services*

Adolescent Treatment Services

Adolescent Treatment Program

The capacity to relate to and engender the trust of adolescents and their families has been the hallmark of Corner House from its beginning days, nearly 40 years ago. We view substance abuse and dependence through many lenses, with special focus on each individual's needs. We recognize that change is possible when adolescents and their families feel understood and discover the process of change that works specifically for them.

Treatment begins with a comprehensive substance abuse and mental health assessment. We gather information to determine the particular adolescent's needs and goals. Clinicians use evidence-based practices developed specifically for professionals working with youth.

Often adolescents are dealing with issues related to depression, anxiety, and other problems which can complicate success in treatment efforts. Therefore, throughout the treatment experience at Corner House, careful consideration is made to address these issues. Our staff is trained and dedicated to dealing with the special needs and goals of clients' experiencing co-occurring mental health symptoms.

By incorporating treatment approaches that focus on the whole person and

their family system, we help clients work toward change and recovery.

Services offered:

- Substance Abuse Assessment
- Motivational Enhancement Therapy (MET) Sessions
- Cognitive Behavioral Therapy (CBT) Group Sessions
- Family Support Network (FSN), including Parent Education and Home Visits
- Psychiatric Evaluations
- Medication Monitoring, as indicated
- Outreach Services
- Case Management
- Drug Screening

Group and FSN Topics Include:

- Motivation Building
- Substance Abuse Refusal Skills
- Goal Setting
- Relapse Prevention
- Anger Awareness
- Effective Communication
- Depression Management
- Intro to Adolescent Development and Functional Families
- Drugs and Adolescents
- Relapse Signs and Recovery
- Boundaries, Limits, Authority and Discipline
- Communication, Conflict Resolution and Fighting Fair
- The Family Context

Our treatment programs are delivered by Master's level Clinicians. Psychiatric services are provided by a Psychiatric Nurse Practitioner and supervised by a Consulting Psychiatrist.

Referrals

Some individuals self-refer while others are referred by local schools, the courts and law enforcement, the religious community, or by an array of public and private health and human service agencies in the Princeton area and beyond.

Fees

All services are offered on a sliding scale basis and no one is ever turned away because they cannot pay for treatment. Specific information can be obtained by contacting our Office Coordinator. We will gladly and confidentially discuss all of your payment options with you.

